



Misogynoir and Mental Health



NO MORE MARTYRS

Call for Submissions

Due September 1, 2021

No More Martyrs is a mental health awareness campaign that seeks to build a community of support for Black women and girls. In addition to offering education, advocacy, and mental health services, No More Martyrs is expanding the conversation around mental health by launching a series of books that focus on the intersectionality and the impact that anti-Black sexism has on the mental wellness of Black women and girls. The first book in the series will be titled: *Misogynoir and Mental Health*.

Misogynoir and Mental Health will center the anti-Black misogyny work of Dr. Moya Bailey and Gradient Lair (Trudy) while exploring the impact of racism and sexism on Black women's mental and holistic wellness.

– Dr. Nadia Richardson, No More Martyrs

No More Martyrs invites chapters that address the impact that racism and sexism have on the mental health of Black women and girls. Intersecting forms of oppression such as classism, transphobia, ableism and homophobia will also be explored. The book will discuss persisting systems of inequity while focusing on the experiences of Black women and girls. The book will end with resources for health equity advocacy efforts while inspiring Black women and girls to prioritize their holistic wellness.

Submissions will be accepted as book chapters, poetry and photography. We also encourage flexibility in writing style and approach. We invite submissions from researchers, community organizers, activists, Black women living with mental health concerns, photographers, public health professionals, licensed mental health professionals and artists.

Submissions Due: September 1, 2021

- Submit between 3000-5000 words (between 10-15 pages, including bibliography)
- Use APA citation style for all citations and footnotes (7th Edition APA)
- Include 200-word bio and picture of author(s). Co-authored chapters are encouraged.
- Upload Submission to: <https://forms.gle/1A11gTSakZBiDTq89>

Send questions to info@nomoremartyrs.org or notsostronginfo@gmail.com.



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Submissions can explore an array of topics such as, but not limited to:

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|--------------------------|--------------------------------------------|-------------------------|
| Racial Fatigue | Post Traumatic Slave Syndrome | Code-Switching |
| Gender Identity | Women's Work and Well-being | Anti-Racism/Sexism |
| Domestic Violence | Black Transwomen and Mental Health | Sexual Freedom |
| Body Politics | Criminalization of Black Girls | Music and Wellness |
| Mothering | Silencing Black Women's Pain | Maternal Health |
| Transnational Identities | Pay Equity and Economic Justice | Resistance and Wellness |
| Faith and Healing | Capitalism, Women's Labor | Activist Self Care |
| Hair Politics | Intergenerational Strategies of Resilience | Healthcare Access |
| Education Reform | Media Representations of Black Women | Housing and Safety |
| Food Access | White Supremacy and Health Equity | Criminal Justice Reform |
| | Envisioning the Future of Black Women | |
| | Patriarchy and Gender Expectations | |

Authors are invited to write within and/or across any of these suggested topics.

About the Editors

Dr. Nadia Richardson is the Founder of No More Martyrs. She is a Diversity, Equity and Inclusion (DEI) consultant, speaker, mental health advocate and educator. As a university instructor, she has developed and taught college courses on diversity, bioethics, social justice leadership, health disparities, culturally responsive care and academic potential. As a speaker, she has spoken at numerous national events such as South by Southwest and State of Black Health Conference. In 2017, she spoke at a congressional briefing on Black women and mental health on Capitol Hill in Washington, DC by invitation from the Office of Congresswoman Robin Kelly.

Dr. Ayanna Abrams is a licensed clinical psychologist, CEO/Founder of Ascension Behavioral Health and co-founder of Not So Strong, an initiative to improve the mental health and relationship functioning of Black women through use of vulnerable storytelling. Her specialties include racism based trauma, mood disorder treatment, entrepreneur mental health and romantic relationship counseling. She has extensive clinical and research experience working with Black people across the Diaspora and has been featured as a speaker or contributing writer in the New York Times, Essence, Allure and Vice magazines, Therapy for Black Girls, AfroPunk and Silence the Shame.